



Fit Education

Certificate II in Sport Coaching

(SIS20321)



Get a head start on your career in the sports industry with this entry-level qualification. This course will give you the skills you need to conduct coaching sessions in community-based sports clubs and organisations.

In this course you'll gain a range of basic coaching skills required to work under the supervision of a coach to engage participants in sport.

This program prepares participants for volunteer coaching in community-based sports clubs and organisations.

Graduates of this program will learn how to:

- Provide equipments for activities.
- Participate in conditioning training for sport.
- Conduct sport coaching sessions with foundation-level participants.
- Assist supervisors to prepare, conduct monitor and evaluate activity sessions

Units Studied

Fundamental Motor Skills

SISSSCO001- Conduct sport coaching sessions with foundation level Participants

Planning and Delivering Coaching Sessions

SISSSCO002- Work in a community coaching role
SISXPLD001- Provide hire equipment for activities

Workplace Health and Safety and Emergencies

SIRXWHS001- Work safely
SISXEMR003- Respond to emergency situations
SISXFAC002- Maintain clean facilities

First Aid Certificate

HLTAID011- Provide first aid and CPR

Learn. Perform. Excel.

Delivery Format

1 Year Delivery Format (School partner delivery)

- 1 Timetabled Line - Suitable for Grade 10, 11 or 12
- 7 Units of Competency
- On Campus study, including theory and practical with authentic industry opportunities.
- Maximum 4 QCE Points
- Fee for Service Cost - TBC
- VETiS Funding available
- Entry requirements: Basic language, numeracy and digital literacy.

Modules Consist Of:

- Theory Assessments to assess knowledge.
- Practical Assessments to assess practical competency.
- Logbook Assessments to log the practical activities and paperwork.



Fit Education Australia PTY LTD

55 Queenscrot St, Chelmer QLD 4068

Po Box 2505, Graceville QLD 4075



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PH 1300 348 338



Fit Education

Diploma of Sport

Coaching & Development

(SIS50321)



A Diploma of Sport provides students with the opportunity to turn their passion for sport into practical, real-world skills that prepare them for future study and employment. Throughout the course, students develop confidence in communication, teamwork, leadership, and organisation while gaining valuable insight into how the sport and health industries operate.

For schools, this Diploma offers students a clear and purposeful pathway into tertiary study, including university and programs in sport, fitness, health, and related fields. It is a valuable addition to a senior schooling pathway, helping students explore future career opportunities while remaining engaged in an industry they are passionate about.

Your Sport. Your Career. Your Diploma

This program prepares participants for employment in the sports and fitness industry as:

- Sports coach
- High performance coach
- Sport development manager
- Talent manager
- Program developer

Graduates of this program will be able to:

- Select and use relevant technologies to assess athletic performance.
- Plan and implement coaching programs for athletes.
- Coach athletes in competition.
- Support and develop athletes and teams.
- Manage integrity in sport.
- Apply sports psychology principles.
- Apply Anti-Doping policies.
- Lead and manage people.
- Interact and liaise with relevant stakeholders within sport.

Units Studied

Integrity and Ethics in Sport

- SISSSCO011 Manage integrity in sport
- SISSSCO008 Apply anti-doping policies
- SISXIND008 Manage legal compliance in sport and recreation

Sport Coaching - Strength and Conditioning

- SISSSCO004 Plan, conduct and review coaching programs
- SISSSCO003 Meet participant coaching needs
- SISSSCO007 Apply sport psychology principles
- SISSSCO016 Coach participants in sport competition

Sport Development

- SISXFIN001 Develop and review budgets for activities or projects
- SISXMGT001 Develop and maintain stakeholder relationships
- BSBOPS504 Manage business risk

Sport Leadership

- SITXHRM003 Lead and manage people
- BSBTWK503 Manage meetings
- HLTWHS003 Maintain work health and safety
- HLTAID011 Provide first aid (Students may need to source a First Aid Certificate from a local provider.)

Build Skills. Create Pathways. Inspire Futures.

Delivery Format

2 Year Delivery Format (School partner delivery)

- 1 Timetabled Line - Suitable for Grade 11 & 12
- 14 Units of Competency
- On Campus study, including theory and practical with authentic industry opportunities.
- Maximum 8 QCE Points
- Estimated ATAR Equivalency 82-87
- Cost = (fee for service) \$1995
- Option of Dual Qualification - Certificate II in Sports Coaching & Diploma of Sport available (VETiS funding available for Certificate II in Sport Coaching component only)
- Entry requirements: Basic language, numeracy and digital literacy.

Modules Consist Of:

- Theory Assessments to assess knowledge
- Practical Assessments to assess practical competency
- Logbook Assessments to log the practical activities and paperwork
- Project tasks to demonstrate knowledge with real-world contexts.



Fit Education has articulations in place with UniSC, UniSQ & Griffith University - allowing our Diploma of Sport graduates guaranteed entry with credit points into either Bachelor of Sports Studies, Bachelor of Sports Development or Bachelor of Business.



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